

Picture This...

- ◇ A retail gallery carrying members' creations at fair market prices
- ◇ Venue for musicians, actors and performance artists
- ◇ Producers of and site for continuing education workshops
- ◇ Speakers' bureau
- ◇ Media center specializing in topics related to healing from mental illness, abuse or trauma
- ◇ Coffee house and house concert producer
- ◇ Working art studio and creative arts learning center
- ◇ Studio for healing arts such as yoga and meditation
- ◇ Website offering member support and marketing opportunities
- ◇ Expansion of our existing online newsletter into print.

Please join us in bringing about this dream. We welcome your gifts of time, talent, treasure and enthusiasm.



www.survivingspirit.com

contact-us@SurvivingSpirit.com
603-625-2136

38 River Ledge Drive
Goffstown, NH 03045



*Healing the Heart Through the
Creative Arts*

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Goffstown, New Hampshire

Michael Skinner, Executive Director

603-625-2136

Picture this...



Are you a survivor of trauma or mental illness looking for a community of caring and healing where

you can feel free to express yourself through the creative arts?

Are you an artist, musician, artisan or creative person whose life has been affected by trauma, abuse or mental illness? Do you need support, studio space or practical assistance in creating and selling your art, hand-crafted items or creative services? Would you like to raise public and professional awareness about the life-altering effects of trauma, abuse or mental illness? If you answered yes to any of these questions, we want to tell you about Surviving Spirit, an exciting and empowering new project.

Surviving Spirit is a private, nonprofit organization dedicated to supporting artists of any kind who are experiencing the effects of trauma, abuse or mental illness in their lives. We strive to link artists and crafts persons with the market place, their communities and enlightened, empowering medical and mental health professionals. We are in the process of refining and implementing our vision. We hope you'll join us in whatever way you feel inspired.

What do we hope to do? Surviving Spirit believes in and supports the raising of individual self-esteem and healing through artistic self-expression. We encourage people who have experienced trauma or mental illness to create, promote, perform and sell at fair market price their own music, writing, artwork, crafts, jewelry, performance art and other personal expressions of art.

As part of its mission Surviving Spirit maintains a speakers' bureau which provides panels and individual speakers to college and community groups, organizations of mental health professionals, conferences and conventions. We work tirelessly to educate audiences about the historic stigma and discrimination experienced by survivors of trauma, abuse or mental health.

Who are We? Surviving Spirit is a group of artists, writers, musicians and artisans whose lives have been affected by trauma, abuse or mental illness. Each of us has struggled in isolation to find healing and the space and time to pursue our creative talents. We have all experienced difficulties competing in the marketplace and finding our place in our communities. Most of us have found it hard to build a network of appropriate community and medical services to allow us to function fully.



We meet monthly to bring our dreams into reality. If you share our vision and have ideas, practical resources, skills, experience or a desire to bring about change, we'd love to hear from you.

I'd like to know more about...

- | | |
|--|---|
| <input type="checkbox"/> Coming events | <input type="checkbox"/> Renting studio space |
| <input type="checkbox"/> Hiring a speaker | <input type="checkbox"/> Booking a performance |
| <input type="checkbox"/> Becoming a speaker | <input type="checkbox"/> Performing |
| <input type="checkbox"/> Buying art, music or hand-crafted goods | <input type="checkbox"/> Selling my art, music or handmade crafts |
| <input type="checkbox"/> Attending yoga or other healing art class | <input type="checkbox"/> Teaching a healing art class or workshop |
| <input type="checkbox"/> Hosting a house concert | <input type="checkbox"/> Sponsoring a conference or workshop |
| <input type="checkbox"/> Receiving your online newsletter | <input type="checkbox"/> Donating office/studio space |

Comments:

Name

Address

Phone

E-mail Please add me to your e-mail list—Yes No

To make a tax-deductible contribution to **Surviving Spirit**, please send your check or money order to:



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